

# WE LOVE HOLLAND

NONPROFIT

Holland MS/HS

DIY PROJECT

Hygiene Packs

Central

## IMPACT

Holland High School and Holland Middle School on average have 20 students per week in need of personal hygiene items. Lack of personal hygiene items at home lead to chronic absences, low self-esteem and health problems. Personal hygiene items are not included in supplemental food benefits. Local agencies responding to food insecurity have irregular supply of personal hygiene items leading to this growing need. Providing hygiene packs to these students will improve their physical and mental health as well as educational performance.

## INSTRUCTIONS

**STEP 1:** As a group spend some time learning about Holland Public Schools. Their website is [www.hollandpublicschools.org](http://www.hollandpublicschools.org).

**STEP 2:** Make a plan to collect or purchase the suggested items. Feel free to invite others (neighbors, coworkers) to donate as well. Please focus on getting only new items.

**STEP 3:** Set a date to bring your items to small group. Once you've gathered the items, spend time praying for the students who will receive them.

**STEP 4:** Donations can be brought to Holland High School and Holland Middle School, Monday-Friday 9:00 a.m. to 2:00 p.m.

**STEP 5:** Let us know how it went! Please give us your feedback by filling out the form found here, so we can continue to improve your service experience. If you have any questions, please email [missions@centralholland.org](mailto:missions@centralholland.org).

**SUGGESTED ITEMS:** Shampoo, conditioner, bar soap/body wash, deodorant, toothbrush, toothpaste, floss/floss picks, comb and brush. \*Please consider products for textured hair as well\*\*

## FUN IDEAS

- Children can help shop for the items you'll donate. They can also do with you to deliver your donation.
- Take picture and post them to social media with #WeLoveHolland
- Shop for items together and then enjoy ice cream!

# WE LOVE HOLLAND

NONPROFIT

Holland MS/HS

DIY PROJECT

Feminine Hygiene Packs

Central

## IMPACT

Holland High School and Holland Middle School consistently have girls in need of feminine hygiene products. Lack of feminine hygiene products at home leads to chronic absences, low self-esteem and health problems. Feminine hygiene products are not included in supplemental food benefits. Local agencies responding to food insecurity have an irregular supply of feminine hygiene products and schools rely fully on donation. Providing feminine Hygiene Packs to these students will improve their physical and mental health as well educational performance.

## INSTRUCTIONS

**STEP 1:** As a group spend some time learning about Holland Public Schools. Their website is [www.hollandpublicschools.org](http://www.hollandpublicschools.org).

**STEP 2:** Make a plan to collect or purchase the suggested items. Feel free to invite others (neighbors, coworkers) to donate as well. Please focus on getting only new items.

**STEP 3:** Set a date to bring your items to small group. Once you've gathered the items, spend time praying for the students who will receive them.

**STEP 4:** Donations can be brought to Holland Middle School and Holland High School, Monday-Friday 9:00 a.m. to 2:00 p.m.

**STEP 5:** Let us know how it went! Please give us your feedback by filling out the form found here, so we can continue to improve your serve experience. If you have any questions, please email [missions@centralholland.org](mailto:missions@centralholland.org).

**SUGGESTED ITEMS:** Please include the following items in a quart size ziplock bag; 8 regular tampons, 12 panty liners and 8 pads. Please ensure these packs are exact.

## FUN IDEAS

- Children can help shop for the items you'll donate. They can also go with you to deliver your donation.
- Take picture and post them to social media with #WeLoveHolland
- Shop for items together and then enjoy coffee, lunch or ice cream!