



### **What does a 90 Minute Group Look Like?**

Group Leader Toolbox is available online at:  
[centralwesleyan.org/groupmaterials](http://centralwesleyan.org/groupmaterials)

#### **10-20 Minutes - Celebration**

- Welcome everyone, get a snack and allow some time for informal chit chat!
- Celebrate birthdays, anniversaries, new jobs, etc.

#### **5- 10 Minutes - Care**

- Round everyone up for an **opening prayer**
- Optional: Have each person write a word on a card describing the best part OR the most challenging part of their past week. Turn the card face down at their seats.

#### **10 - 12 Minutes - Transition to Challenge**

- Do that week's activity
- Watch Group Discussion Video

#### **40 Minutes - Challenge**

- Review the Discussion Questions you have selected for your group
- **Final question:** What would God would have you do in the coming week as a result of this week's study? (Can be answered out loud or as a parting thought)

#### **15 minutes - Care**

- Take prayer requests & pray over your group
- Optional: Have group divide into groups of 2-3 to pray over the 'word' they wrote down.