



SARAH YOUNG • 7 MAY 2023
Guards, Yards, & Relationships:
New Plays for the Playbook

Key Idea: Communicating effectively and empathizing with others are essential plays for building and maintaining healthy relationships.

Key Scriptures: Colossians 4:6; 3:13-14; Proverbs 27:19, 17; Job 42:7-9

1. What was it like to think about what's in your yard and what's not?
2. How have you historically handled disappointment in relationships?
3. Has it been challenging to practically implement movement toward who Jesus calls you to be in relationships?
4. What did you think about the Care Cycle? Are there pieces of it that are familiar? Pieces that are new?
5. In your yard, how could the Care Cycle benefit your physical, emotional, mental, and spiritual health?