

COUNT IT ALL JOY



6.2.24 • CRAIG REES & TRAVIS RAE • SUNSHINE IN THE SOUL

KEY VERSES

PSALM 19, ROMANS 14:17; 15:13;
JOHN 15:11; ACTS 16:34;
GALATIANS 6:9; 1 THESSALONIANS 1:6

BIG IDEA

JOY IS THE INNER DELIGHT OF THE SOUL, FASHIONED BY THE TRIUNE GOD, AS HE REVEALS TO US THE BEAUTY OF CHRIST.

DISCUSSION QUESTIONS

- 1) JOY IS DIFFICULT TO DEFINE. HOW DO YOU DEFINE JOY? HOW DOES JOY DIFFER FROM HAPPINESS?
- 2) ACCORDING TO ROMANS 15:13, JOHN 15:11, AND ROMANS 14:17, HOW DO THE FATHER, SON, AND HOLY SPIRIT EACH CONTRIBUTE TO OUR JOY?
- 3) REFLECT ON THE STORY OF THE PHILIPPIAN JAILER IN ACTS 16:31-34. HOW DOES HIS EXPERIENCE ILLUSTRATE THE PATHWAY TO JOY THROUGH THE GOSPEL?
- 4) CONSIDER GALATIANS 6:9 AND PROVERBS 16:7. HOW CAN RIGHT LIVING AND ALIGNING OUR ACTIONS WITH GOD'S WILL INCREASE OUR EXPERIENCE OF JOY?
- 5) READ HEBREWS 12:2 CONSIDERING THE FOLLOWING STATEMENT: JOY IS THE THRESHOLD WHERE OUR STRUGGLES BECOME SACRED. IN WHAT WAYS CAN JOY, THE INNER DELIGHT OF THE SOUL, TRANSFORM OUR APPROACH TO SUFFERING?
- 6) HOW CAN CULTIVATING RESILIENCE AND AN ATTITUDE AUDIT HELP YOU MAINTAIN JOY DURING DIFFICULT TIMES?
- 7) BASED ON PSALM 19:8 AND PSALM 119:112, DISCUSS HOW DELIGHTING IN GOD'S PRECEPTS AND INCLINING YOUR HEART TOWARD HIM CAN RESTORE YOUR JOY.
- 8) HOW DO REPENTANCE, FAITH, PRAYER, HOPE, AND HUMILITY EACH CONTRIBUTE TO INCREASING YOUR JOY? PROVIDE PERSONAL EXAMPLES IF POSSIBLE.
- 9) LESLIE NEWBIGIN SPEAKS ABOUT A COMMUNITY OF PRAISE. HOW CAN YOUR SMALL GROUP OR CLASS CREATE A CULTURE THAT AMPLIFIES JOY?
- 10) WHAT PRACTICAL STEPS CAN YOU TAKE THIS WEEK TO DEEPEN YOUR EXPERIENCE OF JOY AND SHARE IT WITH OTHERS?

NOTES
