

Dan Seaborn 26 JULY 2023

- 1. Are the 3 areas of your life (mind, body, and spirit stool illustration) well balanced currently? If not, what steps do you need to take to improve them?
- 2. How were you challenged personally by this story from Elijah's life?
- 3. What are the things that bring fear and cause you to take your eyes off God and put them more on man?
- 4. What practical steps can you take to quickly recognize and redirect your focus back to God when you get off track?