



# PSALM 119

STEVE NORMAN









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## PSALM 119:33–40

Teach me, Lord, the way of your decrees,  
that I may follow it to the end.

Give me understanding, so that I may keep your law  
and obey it with all my heart.

Direct me in the path of your commands,  
for there I find delight.

Turn my heart toward your statutes  
and not toward selfish gain.

Turn my eyes away from worthless things;  
preserve my life according to your word.  
Fulfill your promise to your servant,  
so that you may be feared.  
Take away the disgrace I dread,  
for your laws are good.  
How I long for your precepts!  
In your righteousness preserve my life.

**PSALM 119:33–40**

**I need a lane to show me direction.**

**Do you know where you're going?  
Do you know how you're going to get there?**

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## PSALM 119:97–104

Oh, how I love your law!

I meditate on it all day long.

Your commands are always with me  
and make me wiser than my enemies.

I have more insight than all my teachers,  
for I meditate on your statutes.

I have more understanding than the elders,  
for I obey your precepts.

I have kept my feet from every evil path  
so that I might obey your word.

I have not departed from your laws,  
for you yourself have taught me.

How sweet are your words to my taste,  
sweeter than honey to my mouth!

I gain understanding from your precepts;  
therefore I hate every wrong path.

**PSALM 119:97–104**

**I need a lens to show me clarity.**

**Do you have crystal clear clarity on what God  
says is true?**

**Are you being honest about your paths?**

**Where are you getting your understanding about  
what truly matters?**

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## PSALM 119:105–112

Your word is a lamp for my feet,  
a light on my path.

I have taken an oath and confirmed it,  
that I will follow your righteous laws.

I have suffered much;  
preserve my life, Lord, according to your word.

Accept, Lord, the willing praise of my mouth,  
and teach me your laws.

Though I constantly take my life in my hands,  
I will not forget your law.

The wicked have set a snare for me,  
but I have not strayed from your precepts.

Your statutes are my heritage forever;  
they are the joy of my heart.

My heart is set on keeping your decrees  
to the very end.

**PSALM 119:105–112**

**I need a light to show the next step.**

**Are you running into the dark?**

**Or are you holding steady with your lamp?**

If you're disoriented and don't know where to go,  
if you're hazy and don't see the truth clearly,  
if you're overwhelmed and don't see the next  
step—**there's good news.**

**God is inviting you to take a single  
step on a clear path to hope.**



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